

Sunrise Entrée Salads

Fresh Baked Rolls or Bread on Request

Cobb Salad 11.95
Chicken, bleu cheese crumbles, bacon, egg & avocado on fresh greens served with bleu cheese dressing

Tri-Tip Salad 11.95
Caramelized onions, bleu cheese, bacon, tomatoes & cucumbers

BBQ Chicken Chop Salad (available after 3:00) 11.95
Black beans, corn, carrots, jicama, cucumber, tomato and cabbage on a bed of fresh greens with ranch dressing and a dollop of our own •BBQ sauce

Cashew Chicken Salad 9.95
Cashews, apples, celery and mayo on a bed of fresh greens with steamed veggies and Italian dressing

Thai Chicken (or Tofu) Salad 9.95
Sliced chicken breast, steamed vegetables and whole grain noodles with 1 a •sweet soy dressing, topped with cilantro and sesame seeds on a bed of fresh greens

Salad Nicoise (with Tuna or Bay Shrimp) 11.95
Fresh steamed vegetables, red potatoes, egg, tomatoes, red onions, olives and Italian dressing

Substitute Chicken Breast add 1.00
Substitute Poached Salmon add 4.50

Chicken and Roasted Veggie Salad 9.95
With fresh greens on a whole grain tortilla, fresh salsa

Bowl of Homemade Soup and Salad 7.95

Hearts of Romaine Salad 8.25
Crumbled blue cheese, •caramelized nuts, Fuji apples and •non-fat raspberry dressing

Garden Salad 8.95
Beets, eggs, carrots, cheddar, artichoke hearts, garbanzo and kidney beans with choice of dressing

Caesar Salad 6.95
House-made Caesar dressing, Romano cheese, croutons

Add Bay Shrimp for 3.95; Grilled Chicken for 4.95;
or Poached Salmon for 8.50

Charbroiled Bistro Burgers

Half-pound fresh ground beef or turkey patty, or chicken breast, with lettuce, tomato, and pickle spear on a house-made bun or ciabatta roll and pan-fried potatoes or the side of your choice

Cheeseburger 10.50
Mushrooms, peppers, onions & cheddar

Fiesta Guacamole, jack and green chilies 10.50

Patty Melt Grilled onions & Swiss on sliced rye 10.50

Hickory Bacon, cheddar & BBQ sauce 10.95

The Bleu Bacon and bleu cheese crumbles 10.95

The Naked Burger 9.50

Hot Sandwiches

Available 'til Closing

Classic Reuben Our Signature Sandwich! 10.95
Corned beef with imported Swiss, sauerkraut and •Thousand Island dressing, grilled lightly on marble rye

Tri-Tip Sandwich 11.95
•BBQ sauce, mayo, lettuce, tomato & red onion

Smoked Pulled Pork 10.95
Topped with cole slaw and •BBQ sauce

Brisket (Order lean or juicy!) 10.95
Topped with caramelized onions and BBQ sauce

Bistro French Dip 10.95
Roast beef or turkey, grilled onions, Jack & au jus on ciabatta

Grilled Tuna Sandwich (Not available Sunday) 10.95
Grilled cheddar with tuna salad, lettuce and tomato on herb

Available 11 am – 3 pm

Baked Ham & Cheese 10.95
Grilled ham with Swiss & spicy mustard

The Melted Way (Fancy Grilled Cheese) 9.95
Jack, cheddar, avocado, cucumber, lettuce & tomato

Available after 3 pm

Hot Turkey Sandwich 11.25
Served open-face, mashed potatoes & gravy

Cold Sandwiches

Available 'til Closing

Bacon, Lettuce, Tomato & Avocado 9.95
All of the above with mayonnaise on toasted herb bread

Fresh Roasted Turkey 9.95
Roasted turkey, lettuce, tomato and mayo on egg bread

Bistro Club 10.95
Bacon, turkey, avocado, lettuce, tomato and mayo on herb bread

California Chicken Salad Sandwich 9.95
Apples, celery, cashews, mayo, lettuce & tomato on herb bread

Carol's Tuna Sandwich (Not available Sunday) 9.95
Tuna, dill, celery, mayo with lettuce & tomato on herb bread

½ Sandwich Choice of any cold sandwich 7.95
Without Side 5.95

Available 11 am – 3 pm

Jo's Delight 10.95
Roasted turkey, cream cheese, walnuts with lettuce, tomato; choice of •cranberry sauce or avocado slices on herb bread

The Creekside 10.95
Roasted turkey, ham, avocado, mayo, lettuce, tomato on wheat

Nature's Way Vegetarian 9.95
Cream cheese, jack, cheddar, tomatoes, cucumbers, carrots, mushrooms, avocado and lettuce on whole wheat

Entrées

Accompanied with house-made Mexican salsa, Italian tomato-basil salsa, •BBQ sauce or non-fat yogurt dill sauce

Choose the number of Sides you want:

Fresh Roasted Turkey Breast 11.50 13.95 16.50
With •cranberry sauce

Charbroiled Chicken Breast 11.50 13.95 16.50

Fresh Ground Beef Patty 11.50 13.95 16.50

Ground Turkey Patty 11.50 13.95 16.50
Made with chopped bell pepper & onion

Turkey Meatballs with Marinara 11.50 13.95 16.50

Extra Firm Low-Fat Tofu 11.50 13.95 16.50

Tri-tip of Beef 12.50 14.95 17.50

Poached or Charbroiled Salmon 14.50 16.95 19.50

Smoked In-House

Unsweetened dry rubbed, •BBQ sauce on the side

Smoked Brisket (lean or juicy) 11.50 13.95 16.50

Smoked Pulled Pork 11.50 13.95 16.50

Available after 3 pm

Baby Back Ribs
Full Rib Dinner (12 Bones) 27.00 29.50 32.00
Half-Rib Dinner (6 Bones) 17.50 19.95 22.50

Smoked ½ Chicken Dinner 13.50 15.95 18.50

¼ Chicken Half dark, half white 11.50 13.95 16.50

Bistro Fiesta

Served with salsa on the side

Add avocado slices @ 1.00 or guacamole @ .50

Choose seasoned chicken breast or pulled pork

Quesadilla & burritos available with whole grain or flour tortilla

Soft Tacos 12.95

Choice of meat, onions, bell peppers, lettuce and cheese wrapped in two corn tortillas, served with black beans and green salad
Two Tacos with Salsa Only 8.95

Quesadilla 11.25
Choice of meat, bell peppers, onions, and cheese

Burrito 10.95
Choice of meat, black beans, brown rice and cheese

Vegetarian Burrito (Vegan: tofu replaces cheese) 8.95
Spinach, broccoli, zucchini, black beans, brown rice & cheese

Vegetarian Chili over Corn Cakes 9.95
Topped with grated cheddar and cilantro garnish

Over Brown Rice 8.95

Add Ground Beef or Turkey Patty 4.25

Sides

(Order a la Carte @ 3.00/each)

Salads & Soup

Mixed Field Green Salad with tomatoes and carrots
All Dressings are House-Made: Italian, Ranch, Bleu Cheese, •Creamy Raspberry, •Non-Fat Honey Mustard, Caesar or •Thousand Island

Cole Slaw – our own creamy dressing

House-Made Pickled Beets

Cup of Soup – soup of the day

Fresh Fruits & Vegetables

Roasted Vegetables (spray of extra virgin olive oil)
Zucchini, red bell peppers, mushrooms, onions and seasonal selections

Steamed Vegetables broccoli, bell pepper, cauliflower and carrots

Sliced Organic Fuji Apple with peanut butter

Mixed Fresh Fruit seasonal with pineapple & melons

Mixed Berry Compote no sugar added

House-Made Applesauce unsweetened slow-cooked apples

Following Selections Available after 3:00 pm:

Collard Greens smoked meats, garlic & onions

Spaghetti Squash Marinara on request

Roasted Eggplant & Mozzarella tomato, garlic, balsamic

Potatoes, Pastas & Grains

Potato Salad – house-made from a family recipe

Pan-Fried Potatoes add sour cream or cheddar for 50 cents

Sweet Potatoes – steamed or grilled

Steamed Brown Rice soy sauce available on request

Following Selections Available after 3:00 pm:

•Sweet Potato Mash made with cream & butter

Whole Wheat Mac n' Cheese with cheddar & parmesan

Whole Wheat Pasta with Marinara or pesto

Beans & Dairy

Black Beans or Vegetarian Chili house-made

Baked Beans slow cooked with smoked meats (after 3 pm)

Non Fat Plain Yogurt or Cottage Cheese

Make Your Own Combo

5-6 oz serving of protein @ 5.75 each;
tri-tip @ 6.95; salmon @ 8.50;
ribs @ 2.00 each

Eggs-cetera

Includes Breakfast Potatoes and Toast
or your choice of 2 breakfast sides (see 4th column this page)

Two Eggs Any Style	8.95
Ben's Omelet	10.95
<i>Green chilies, jack cheese, sour cream & tomatoes</i>	
Nana's	10.95
<i>Zucchini, broccoli, mushrooms, & jack cheese</i>	
Alex's	10.95
<i>Ham, jack cheese, avocado & salsa</i>	
Joe's Scramble	10.95
<i>Italian sausage, fresh spinach, mushrooms, onions and Romano</i>	
Gabe's Salsa Eggs	10.95
<i>Sautéed fresh tomatoes, onions, peppers & mushrooms with two poached eggs and with Jack cheese.</i>	
Lox and Eggs Scramble	10.95
<i>Sautéed red onions, bell pepper, fresh tomatoes and lox</i>	
Rosie's Tofu Scramble	10.95
<i>Tofu, spinach, mushrooms, zucchini, tomato, broccoli & garlic</i>	
Veggie and Eggs Scramble	10.95
<i>Eggs, spinach, mushrooms, zucchini, tomato, broccoli & garlic</i>	
Plain or Build Your Own Omelet	8.25
<i>We start you off with three eggs...add any combinations of the following items at the indicated price per item:</i>	
Meats, Poultry, Fish & Avocado	1.00 each
<i>Ham, bacon, sausage, turkey, corned beef, chopped lox, pulled pork, fresh avocado slices</i>	
Cheeses	75 cents each
<i>Jack, cheddar, cream cheese, bleu, Swiss, feta</i>	
Veggies & More	50 cents each
<i>Mushrooms, spinach, zucchini, broccoli, bell pepper, tomatoes, green chilies, green onions, salsa, sour cream, pesto, grated Romano, chopped jalapenos, tomatillo salsa, plain yogurt</i>	

Power Breakfasts

Complete meals, high in fiber and without added sugar

Power Burst Breakfast	8.95
<i>Six egg whites scrambled, cup of fruit, sliced tomato, and toast</i>	
Three-Cup Breakfast	7.95
<i>Cup each of oatmeal, fresh fruit and non-fat plain yogurt (or two eggs)</i>	
Lance's Ultimate Oatmeal	7.25
<i>Topped with dried fruit medley, berry compote & almond slivers</i>	
Whole Grain Yogurt Pancakes (2)	8.25
<i>No fat, no sugar made with whole grains, grated fresh apples Served with a side of berry compote</i>	

Single 4.50

Pastries & Desserts

It all started with our pastries!

Made fresh daily from scratch using real butter, eggs, fruit and sugar

● Blueberry Muffins	2.00
● Cinnamon Rolls, Morning Buns	2.25
● Cinnamon Sour Cream Coffee Cake	2.25
● Caramel Pecan Buns	2.95
● Scones: Raspberry or Blueberry (low sugar)	2.25
● Stuffed Dark Chocolate Croissant	3.50
● Veggie & Cheese Stuffed Croissant (savory)	3.50
● Stuffed Meat Croissants (savory)	4.00

Ham & Cheese or Sausage & Spinach

Healthier Options

Whole Grain Muffins	2.00
<i>Plain "Oat Bran" or with raisins (low sugar)</i>	
Power Scones	2.25
<i>Whole grain, no fat, no sugar</i>	
Banana-Chocolate Chip Snack Bread	2.95
<i>Low fat, low sugar and whole grain</i>	

Desserts – Served All Day

● Apple Strudel	3.95
<i>Puff dough, fresh Granny Smith apples, cinnamon and sugar</i>	
● Bread Pudding	3.95
<i>Made from our Morning Buns!</i>	
● Zucchini Bread	2.95
<i>With raisins, nuts and a touch of cinnamon</i>	
● Lemon Bar or Brownie	2.25
● Full Size Cookie	2.25
<i>Chocolate Chip, Butter Pecan or Oatmeal Raisin</i>	
● Slice of Red Velvet Cake	4.25
● Slice of Coconut Cream Cake	4.25

Take Home a Loaf of Our Fresh Baked Bread!

Egg, Whole Wheat, Herb or Marble Rye	5.50
---	-------------

**For Whole Pies, Cakes or 12+ Pastries,
please order from our catering office at least
24 hours in advance – thank you!
925-930-6323**

Go to

www.SunriseBistroCatering.com
for all our Bistro and Catering Menus
Catering Office: 925-930-6323
Monday – Friday 9:00 – 5:30



==== **Bistro To Go**

1559 Botelho Drive, Walnut Creek

925-930-0122

(In the Main Street Plaza, near the Ross store)

Breakfast & Lunch Only

Sunday - Tuesday 7am – 3:00pm

Wednesday – Saturday 7am – 8:30pm

(Sunday Brunch served til 3:00 pm – not all items
on this menu are available and prices may vary)

Prices Subject to Change Without Notice – January 2012
Children's Menu Available

● Indicates Sugar is in the first 3 ingredients

We have been in business since 1981 and are committed to scratch cooking, from "Applesauce to Zucchini Bread." We are a community leader in sustainable practices. All of our poultry, meats and dairy are antibiotic- and hormone-free and are grass- or vegetarian-fed. We use cage-free eggs. Our produce is sustainably grown and locally sourced when available.

"Welcome to my place, where I feed you the way I feed my grandchildren - as if your health depended on it!" - Cindy Gershen, Chef/Owner

Sunrise Breakfast

You may request egg whites

Corned Beef Hash	10.95
<i>Sauté of corned beef and breakfast potatoes, topped with two poached eggs and served with toast – try it with sweet potatoes!</i>	
Richard's Special	10.95
<i>Two eggs any style, two pancakes with warm berry compote and your choice of pork sausage, bacon or Canadian bacon</i>	
Substitute Yogurt Pancake or French Toast	+ 1.00
Potato Pancakes (Latkes)	8.95
<i>Potatoes, onions, spices, eggs, matzo; sour cream & applesauce</i>	
Carnitas & Eggs	10.95
<i>Sauté of pulled pork with jalapenos and eggs over corn tortillas and black beans, side of tomatillo salsa, sour cream & avocado</i>	
South of the Border	10.95
<i>Chicken breast, black beans, two eggs (any style) on corn tortillas with Jack & cheddar cheese, avocado, cilantro, salsa</i>	
Breakfast Burrito	8.95
<i>Bacon, breakfast potatoes, cheese and eggs in a flour or whole grain tortilla. Salsa, guacamole & sour cream on the side</i>	
Sunrise Potatoes	7.95
<i>Sautéed with mushrooms, zucchini, spinach, broccoli, tomatoes, garlic and Parmesan. Sunrise Veggies (no potatoes)</i>	
Lox, Bagel & Cream Cheese Platter	10.95
<i>Capers, tomatoes, red onions, pickles, Calamata olives and fruit</i>	
Fresh Baked Quiche	9.95
<i>Choose from: Broccoli & Cheddar or Spinach & Bacon Served with green salad or side of your choice</i>	
Sunrise "Ambrosia"	8.95
<i>Bowl of fresh fruit topped with non-fat plain yogurt. With choice of Sunrise granola or whole grain power scone</i>	
When You Want Dessert For Breakfast...	
● Cheese Blintzes (Our Own Recipe)	9.95
<i>Three fresh crepes filled with farmer's cheese, sugar and eggs. Served with warm berry compote and sour cream</i>	
● French Toast	8.95
<i>With powdered sugar, side of berry compote, pancake syrup</i>	
● Bistro Pancakes (3)	8.25
<i>Served with warm berry compote, pancake syrup</i>	
Short Stack (2) 7.00	

Breakfast Sides

<i>Mixed Fresh Fruit</i>	<i>Applesauce</i>	
<i>Sliced Tomatoes</i>	<i>Sliced Fuji Apple with Peanut Butter</i>	
<i>3 Bacon Strips, 2 Ham or 2 Sausages (@ \$4)</i>		
<i>N/F Cottage Cheese or Yogurt</i>		
<i>Breakfast Potatoes</i>	<i>Brown Rice</i>	<i>Black Beans</i>
<i>Sweet Potatoes (Grilled or Steamed)</i>		
<i>½ Cup Sunrise Granola with Milk</i>	<i>Cup of Plain Oatmeal</i>	
<i>Toast – Herb, Whole Wheat or Egg</i>	<i>English Muffin</i>	
<i>Freshly Baked ●Muffins</i>	<i>Bagels (Plain or Whole Grain)</i>	
● <i>Bistro Pancake</i>	<i>Yogurt Pancake (@ \$4)</i>	
<i>Tortillas (Flour, Corn or Whole Grain)</i>		