

Sunrise Bistro Lunch Menu

Established in 1981, we are committed to scratch cooking, from "Applesauce to Zucchini Bread." We are a community leader in sustainable practices. All of our poultry, meats and dairy are antibiotic- and hormone-free and are grass or vegetarian-fed. We use cage-free eggs. Our produce is sustainably grown and locally sourced when available.

"Welcome to my place, where I feed you the way I feed my grandchildren – as if your health depended on it!" -- Cindy Gershen, Chef/Owner

●Indicates sugar in the first 3 ingredients

<p style="text-align: center;"><u>Entrées</u></p> <p><i>Accompanied with house-made Mexican salsa, ●BBQ sauce Italian tomato-basil salsa, or non-fat yogurt dill sauce</i></p> <p>Choose the number of sides you want: <u>2</u> <u>3</u> <u>4</u></p> <p>Fresh Roasted Turkey Breast 11.50 13.95 16.50 ●Cranberry sauce</p> <p>Charbroiled Chicken Breast 11.50 13.95 16.50</p> <p>Charbroiled Ground Beef Patty 11.50 13.95 16.50</p> <p>Grilled Ground Turkey Patty 11.50 13.95 16.50 <i>Made with chopped bell pepper & onion</i></p> <p>Extra Firm Low-Fat Grilled Tofu 11.50 13.95 16.50</p> <p>Charbroiled Tri-Tip of Beef 12.50 14.95 17.50</p> <p>Poached or Charbroiled Salmon 14.50 16.95 19.50</p> <p style="text-align: center;"><u>Smoked In-House</u></p> <p><i>Unsweetened dry rubbed, served with ●BBQ Sauce on the side</i></p> <p>Smoked Brisket (lean or juicy) 11.50 13.95 16.50</p> <p>Smoked Pulled Pork 11.50 13.95 16.50</p>	<p style="text-align: center;"><u>Sides</u></p> <p><i>(Order a la Carte @ 3.00/each)</i></p> <p style="text-align: center;"><u>Salads & Soup</u></p> <p>Mixed Green Salad, tomatoes, carrots with house-made Italian, Ranch, Bleu Cheese, ●Creamy Raspberry, ●Non-Fat Honey Mustard, Caesar or Thousand Island</p> <p>Cole Slaw – house-made with creamy dressing</p> <p>House-Made Pickled Beets</p> <p>Cup of Soup – soup of the day</p> <p style="text-align: center;"><u>Fresh Fruits & Vegetables</u></p> <p>Roasted Vegetables (spray of extra virgin olive oil, dash of salt)</p> <p>Steamed Fresh Veggies <i>Broccoli, bell peppers, cauliflower, carrots</i></p> <p>Mixed Fresh Fruit Seasonal fruits, pineapple and melons</p> <p>Sliced Organic Fuji Apple with Peanut Butter</p> <p>Warm Mixed Berry Compote no sugar added</p> <p>House-Made Applesauce unsweetened slow-cooked apples</p> <p style="text-align: center;"><u>Potatoes, Pastas & Grains</u></p> <p>Potato Salad – house-made from a family recipe</p> <p>Pan-fried Potatoes – add sour cream or cheddar for 50 cents</p> <p>Sweet Potatoes steamed or grilled</p> <p>Steamed Brown Rice soy sauce on request</p> <p style="text-align: center;"><u>Beans & Dairy</u></p> <p>Black Beans or Vegetarian Chili house-made</p> <p>Non Fat Plain Yogurt or Cottage Cheese</p>
<p style="text-align: center;"><u>Bistro Fiesta</u></p> <p><i>Served with salsa on the side. Add avocado slices @ 1.00 or guacamole @ .50 Choose seasoned chicken breast or pulled pork.</i></p> <p>Quesadilla & burritos available with whole grain or flour tortilla</p> <p>Soft Tacos 12.95 <i>Choice of meat, onions, bell peppers, lettuce and cheese in two corn tortillas, served with black beans and green salad.</i></p> <p style="text-align: right;"><i>Two Tacos with Salsa only</i> 8.95</p> <p>Quesadilla 11.25 <i>Two tortillas, choice of meat, bell peppers, onions & cheese</i></p> <p>Burrito 10.95 <i>Choice of meat, black beans, brown rice and cheese</i></p> <p>Vegetarian Burrito 8.95 <i>Spinach, broccoli, zucchini, black beans, brown rice & cheese (Vegan: Tofu replaces cheese)</i></p> <p>Breakfast Burrito 8.95 <i>Bacon (or sausage/ham), breakfast potatoes, cheese and eggs</i></p> <p>Vegetarian Chili over Corn Cakes 9.95 <i>Topped with grated cheddar and cilantro garnish</i></p> <p style="text-align: right;"><i>Over Brown Rice</i> 8.95</p> <p style="text-align: right;"><i>Add 8 oz Ground Beef or Turkey Patty</i> 5.75</p>	<p style="text-align: center;"><u>Entrée Salads</u></p> <p><i>Fresh Baked Bread on Request</i></p> <p>Cobb Salad 11.95 <i>Chicken, bleu cheese crumbles, bacon, egg, tomato and avocado served with bleu cheese dressing</i></p> <p>Salad Nicoise (Tuna or Bay Shrimp) 11.95 <i>Steamed veggies, red potatoes, egg, tomatoes, red onion, olives, Italian dressing</i></p> <p style="text-align: right;"><i>Substitute Chicken Breast</i> add 1.00</p> <p style="text-align: right;"><i>Substitute Poached Salmon</i> add 4.50</p> <p>Tri-Tip Salad 11.95 <i>Caramelized onions, bleu cheese, bacon, tomatoes and cucumbers</i></p> <p>Cashew Chicken Salad 9.95 <i>Apples, celery & mayo on a bed of steamed veggies and fresh greens with Italian dressing</i></p> <p>Chicken and Roasted Veggie Salad 9.95 <i>Fresh greens on a sprouted wheat tortilla served with salsa</i></p> <p>Thai Chicken (or Tofu) Salad 9.95 <i>Sliced chicken breast, steamed vegetables and noodles in a ●sweet soy dressing, topped with cilantro and sesame seeds</i></p>
<p style="text-align: center;"><u>Charbroiled Gourmet Bistro Burgers</u></p> <p><i>Half-pound fresh ground beef or turkey patty, or chicken breast, with lettuce & tomato on a house-made bun or ciabatta roll, dill pickle spear and pan-fried potatoes or side of your choice</i></p> <p>Cheeseburger 10.50 <i>Mushrooms, peppers, onions & cheddar</i></p> <p>Fiesta 10.50 <i>Guacamole, green chilies and jack</i></p> <p>Patty Melt 10.50 <i>Grilled onions & Swiss on sliced rye</i></p> <p>Hickory 10.95 <i>Bacon, grilled onions, cheddar & ●BBQ sauce</i></p> <p>The Bleu 10.95 <i>Bacon and bleu cheese crumbles</i></p> <p>The Naked Burger 9.95</p>	<p style="text-align: center;"><u>Lighter House Specialty Salads</u></p> <p><i>Add Bay Shrimp for 3.95, Grilled Chicken for 4.95 or Poached Salmon for 8.50</i></p> <p>Garden Salad 8.95 <i>Beets, eggs, carrots, cheddar, artichoke, garbanzo and kidney beans with choice of dressing</i></p> <p>Caesar Salad 6.95 <i>House-made Caesar dressing, Romano cheese and croutons</i></p> <p>Bowl of Homemade Soup and Salad 7.95</p> <p>Sunrise "Ambrosia" 8.95 <i>Bowl of fresh fruit topped with non-fat plain yogurt. Served with Sunrise granola or whole grain power scone</i></p>

Sandwiches

Choose house-made whole wheat, herb, egg, or marble rye breads, or La Brea Bakery ciabatta roll (plain or multi-grain); served with Potato Salad or you can choose one "Side" from opposite page (additional "Sides" @ \$3/each)

Cold Sandwiches

Jo's Delight	10.95
<i>Fresh roasted turkey, cream cheese, walnuts, lettuce & tomato with your choice of ●cranberry or avocado</i>	
Bacon, Lettuce, Tomato & Avocado	9.95
<i>All of the above with mayo on lightly toasted bread</i>	
Nature's Way (Vegetarian)	9.95
<i>Cream cheese, jack, cheddar, tomatoes, cucumbers, carrots, mushrooms, avocado and lettuce</i>	
Fresh Roasted Turkey Breast	9.95
<i>Roasted turkey with lettuce, tomato and mayo</i>	
The Creekside	10.95
<i>Roasted turkey, ham, avocado, lettuce, tomato and mayo</i>	
Bistro Club	10.95
<i>Bacon, roasted turkey, avocado, lettuce, tomato and mayo</i>	
California Chicken Salad Sandwich	9.95
<i>Mixed with apples, celery, cashews and mayo; lettuce, tomato</i>	
Carol's Tuna Sandwich	9.95
<i>Mixed with celery, dill and mayo; lettuce and tomato</i>	
Lox, Bagel & Cream Cheese Platter	10.95
<i>Toasted plain bagel, slices of lox, schmear of cream cheese, capers, tomatoes, red onions, pickles, Calamata olives and fruit</i>	
½ Sandwich	7.95
<i>Any cold sandwich, except Lox & Bagel</i>	
Without Side	5.95

Hot Sandwiches

Classic Reuben Our Signature Sandwich!	10.95
<i>Corned beef with Swiss, sauerkraut and Thousand Island dressing grilled lightly on marble rye</i>	
The Melted Way (Fancy Grilled Cheese)	9.95
<i>Jack, cheddar, avocado, lettuce, tomato and cucumber</i>	
Grilled Tuna Sandwich	10.95
<i>Grilled cheese with tuna salad and tomato</i>	
On House-Made Roll or Ciabatta	
<i>Herb or whole wheat roll, multi-grain or regular ciabatta</i>	
Tri-Tip Sandwich	11.95
<i>●BBQ sauce, mayo, lettuce, tomato & red onion</i>	
Smoked Pulled Pork	10.95
<i>Topped with cole slaw and ●BBQ sauce</i>	
Baked Ham & Cheese	10.95
<i>Grilled ham with Swiss and spicy mustard</i>	
Bistro French Dip	10.95
<i>Roast beef or turkey, grilled onions, jack & au jus on ciabatta</i>	
Brisket (Order lean or juicy)	10.95
<i>Topped with caramelized onions and ●BBQ sauce</i>	

Power Breakfasts (Served Until 3:00)

Complete meals, high in fiber and without added sugar

Power Burst Breakfast	8.95
<i>Six egg whites scrambled, cup of fruit, sliced tomato & toast</i>	
Lance's Ultimate Oatmeal	6.95
<i>Topped with dried fruit medley, berry compote & almond slivers</i>	
Whole Grain Yogurt Pancakes (2)	8.25
<i>No fat, no sugar, made with whole grains and fresh apples</i>	
Served with a side of warm berry compote	Single 4.50

Breakfast Entrées (Served Until 3:00)

You may also request egg whites

Fresh Baked Quiche	9.95
<i>Choose from: Broccoli & Cheddar or Spinach & Bacon</i>	
<i>Served with green salad or side of your choice</i>	
Corned Beef Hash	10.95
<i>A sauté of corned beef and breakfast potatoes topped with two poached eggs, served with toast – try it with sweet potatoes!</i>	
Richard's Special	10.95
<i>Two eggs (any style), two pancakes with warm berry compote and your choice of pork sausage, bacon or Canadian bacon</i>	
Sub. Yogurt Pancake or ●French Toast	add 1.00
Potato Pancakes (Latkes)	8.95
<i>Potatoes, onions, spices, eggs and matzo meal</i>	
<i>Served with sour cream and house-made applesauce</i>	
Carnitas & Eggs	10.95
<i>Sauté of pulled pork with jalapeños and eggs over corn tortillas and black beans, with side of tomatillo salsa, sour cream and avocado</i>	
South of the Border	10.95
<i>Chicken breast, black beans, two eggs (any style) on corn tortillas with jack and cheddar cheese, avocado, cilantro & salsa</i>	
Sunrise Potatoes	7.95
<i>Potatoes sautéed with mushrooms, zucchini, spinach, broccoli, tomatoes, garlic and Parmesan. Sunrise Veggies only</i>	

Eggs-cetera (Served Until 3:00)

Includes Breakfast Potatoes and Toast or Choice of 2 Sides

Two Eggs, Any Style	8.95
<i>Pork Sausage, Pulled Pork, Bacon or Canadian Bacon add 2.00</i>	
<i>8 oz Ground Beef or Turkey Patty add 5.75</i>	
Nana's Omelet	10.95
<i>Zucchini, broccoli, mushrooms, & jack cheese</i>	
Alex's Omelet	10.95
<i>Ham, jack cheese, avocado & salsa</i>	
Joe's Scramble	10.95
<i>Italian sausage, spinach, mushrooms, onions & Romano</i>	
Gabe's Salsa Eggs	10.95
<i>Sautéed fresh tomatoes, onions, peppers and mushrooms with two poached eggs & Jack cheese, with breakfast potatoes and toast</i>	

When You Want Dessert For Lunch...

Bistro Pancakes (3)	8.25
<i>Served with a side of warm berry compote, ●pancake syrup</i>	
Short Stack (2)	6.50
●Cheese Blintzes (Our Own Recipe)	9.95
<i>Three fresh crepes filled with farmer's cheese, sugar and eggs.</i>	
<i>Served with warm berry compote and sour cream</i>	
●French Toast	8.95
<i>Fresh eggs, milk, sugar, cinnamon & vanilla, dusted with powdered sugar; Served with a side of warm berry compote and ●pancake syrup</i>	
100% Pure ●Maple Syrup (2 oz.) (Upgrade)	1.00

Want to share a meal?

We will be happy to split it for you! \$2.00 Charge

18% Gratuities added to split checks and parties of 8 or more.

Not responsible for lost or stolen items.

We reserve the right to refuse service to anyone.